



oleaspa
services

Olive: olea europea

Olea spa, a unique retreat on serene Sifnos Island in the West Cyclades was created by the Elxis Spa team. Olea is an ode to the harmony of this island's crystal clear water, mineral earth, and dark green orchards. In this sunlit heaven by the sea, we aim to rebalance, rejuvenate, and pamper you with therapies inspired by nature and performed by skilled, caring hands. Take time to dwell in some private peace, to rediscover the sensations of your skin, and to indulge in the gifts of this sublime piece of earth.

Holidays are a time to relax, unwind and rejuvenate. From facials to ancient Greek rituals, the ElxisSpa has endless ways to pamper you.

All treatments are priced by the length of appointment and not by the specific therapy. So just select your dream spa experience and relax.

Single treatments

30 min > 50 € | 45 min > 60 € | 60 min > 90 €
75 min > 100 € | 90 min > 120 €

Enjoy great savings and endless therapies with an ElxisSpa Wellness Plan. Revel in any treatment, any time, from any programme!

Elxis Wellness Plans

DANAE 4 hours > 280 € | **AEGEA** 6 hours > 390 €
HELEN 8 hours > 480 € | **VENUS** 10 hours > 550 €





Face Treatments

Deep Skin cleansing 90´

Cleanse your skin from all excessive mingle and environmental pollutants. Revitalizes the face and leaves it with a fresh healthy look.

Vitamin Hydration 60´

A unique treatment based on vitamins A, C,& E ideal for nourishment, rejuvenation and enhancing of collagen production.

After Sun face 60´

Hyaluronic acid combined with vitamins, achieve the crucial deep hydration the skin requires, especially after prolonged sun exposure.

Intensive Anti-aging Cellactive Treatment 60´

Cellactive anti-aging 6 treatments course with products based on stem cells, redwood and flower vine. Recommended for mature skin, it provides visible results in the contour of the facial skin.

Lab division Collagen booster 90´

5 treatments course aspiring to absolute cell renewal. Enhances collagen production, smoothes wrinkles and strengthens skin's defense mechanism.

Specifics Eye Treatment 45´

Specialized eye treatment with triple action against wrinkles, dark circles & swelling.

Intensive Whitening 60´

High effective whitening & anti-aging treatment. Stimulates collagen production and smoothes blemishes. Ideal for brighter, tighter & healthier skin from the first treatment.



Body Treatments

After Sun Body Treatment 60´

Deep hydration and nourishment treatment for the entire body. The ultimate care after sunbathing including oils fortified with hydrating serums and a moisturizing full body mask that tightens and stimulates the skin.

Bi-thermal 90´

Integrated body care for weight loss, chipping lines and cellulite. Recommended for at least one to two times per week.

Anti-cellulite 60´

Specialized treatment targeting cellulite and detentions. Recommended for at least one to two times per week.

Cold compress Cryogenic 60´

Treatment with a high intensity firming action. Also recommended for those suffering from edematous conditions and poor blood circulation.



Relaxing Massages

Candle Ritual 60´

Perfumed candles, specifically processed and enriched with essential oils. This treatment acts on the entire central nervous system, resulting in an ultimate relaxation experience through a ritual applying a special massage technique leaving you with the smoothest skin you have ever had.

Full Body Relax 60´

Classic Swedish full body massage. Relax from tip to toe.

Deep Tissue 60´

Intense full body massage ideal for tense muscles. Relief yourself of muscular and joint pains.

Back Massage 30´

Relaxing massage localized to the back and the neck.

Reflexology 30´

Special massage and pressure technique focused on the feet. Activate your reflex points and feel the relaxation and wellbeing not only on your feet but also your entire body!

Leg Relief Massage 30´

Special massage technique focused to the leg area. Recommended for tired feet.

Indian Head Massage 30´

Traditional Indian head and neck massage technique without the use of oils. Leave behind stress and tension and stimulate this part of your body combating muscular tension and knots.

Shea Butter 60´

A full body relaxing massage with the use of shea butter, one of the most hydrating factors apparent in nature. Especially advisable during the hottest days for a hydrating effect while relaxing body and mind.



Spa Guidelines

The hours can be used during your stay at the Hotel as couples, groups or as individuals.

Applicable to all treatments featured in our catalogue.

Kindly take a shower before all body treatments in order to remove sand and sunscreens.

Please show consideration to therapists and other customers desiring appointments by cancelling well in advance. Cancellations made less than eight hours in advance will be charged 50% of your scheduled treatment.

If you are late for your appointment, the length of your treatment may be reduced in order to avoid delay to the next customer.

Kindly switch off your cellphone during your visit to the spa.



oleaspas elies resorts, vathi sifnos

For reservations: +30 22840 34000